

Prostate Cancer Screenings*

Many men are afraid, or embarrassed to get checked for prostate cancer. But, a simple blood test and an exam only take a few minutes—a few minutes that can save a life.

Who should be screened?

- African-American men age 40 or older.
- Men over 40 with a family history of prostate cancer.
- White and Hispanic men over 50.

Talk to your doctor about the risks and benefits of prostate cancer testing and make a plan that's right for you.



Call us at 302-765-4161 if you are without a doctor or without insurance coverage and have not been tested in the last year. **Get Checked!** Your health and life may depend on it. To register, please call 302-765-4161.

Call 302-765-4161 for more information.

**Monday, April 27 5 - 7:15 p.m. Henrietta Johnson Medical Center
Riverside Medical Arts Complex
700 Lea Boulevard, Wilmington**

**Wednesday, June 17 5 - 7:15 p.m. Christiana Care Health System
Adult Medicine Department
Wilmington Hospital, 2nd Floor
501 West 14th Street, Wilmington**

* Prostate Cancer Screening includes education, PSA blood test, digital rectal exam and physician follow-up recommendations. Enrollment in the Screening for Life program is available for those who qualify. Chronic Disease Screening will be offered. This includes a heart/stroke/cancer survey, cholesterol and glucose screening and blood pressure testing.



**CHRISTIANA CARE
GRAHAM CANCER CENTER**

www.christianacare.org/cancer



One of only 14 cancer centers in the nation selected for the National Cancer Institute Community Cancer Centers Program.



**DELAWARE HEALTH
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Division of Public Health



Father to Son ... Brother to Brother ... Friend to Friend ...

Did you know?

- In the United States, about one in six American men and one in four African-American men will get prostate cancer during his lifetime, but only one in 34 will die of the disease.
- In Delaware this year, 530 new cases of prostate cancer will be diagnosed and approximately 100 men will die from the disease.
- African-American men are at highest risk for getting prostate cancer – they are about 2.5 times more likely to die from the disease as white men.
- The average age of prostate cancer patients is 65 – just when it's time for retirement!
- Prostate cancer can be cured if found early through routine screening.

How do you get screened for prostate cancer?

- Have a PSA blood test and rectal exam every year starting at age 50.
- If you have a family history of prostate cancer, or are African-American, consider starting your yearly screening at age 40.
- Talk to your doctor about the benefits and risks of testing.

Where can you get screened?

- At your doctor's office – call and make an appointment if you haven't been seen in the past year.
- At Christiana Care sponsored screenings. Call 302-765-4161 for more information.
- At other locations in Delaware, call 1-800-4CANCER, or 302-324-4227, for dates and locations.

Where can you learn about Cancer Clinical Trials?

- Call Christiana Care's Cancer Research Program at 302-733-6227.

Other questions about prostate cancer?

- Call Christiana Care's Community Health Outreach and Education Program at 302-765-4161, or talk to your doctor.